

Help for Asylum Seekers in Bristol area

Updated: November 2021

This information is available in Arabic, Somali, Kurdish Sorani, Pashto, Farsi, Urdu, Albanian, Bengali, French, Mandarin, and Vietnamese. Translations are here <https://www.bristolrefugeerights.org/how-we-help/i-need-help-i-start/>



Bristol Refugee Rights. www.bristolrefugeerights.org

Helpline Call/ Text/ WhatsApp: 07526 352353.

Open Tuesday and Wednesday 10.00-13.00

Please tell us your name and phone number. We will call you back when we can. If you need an interpreter, tell us which language you speak.

NEW Advice and Information Session Wednesdays 10.00-12.00

at The Wellspring Settlement Main Hall, 43 Ducie Road, Bristol, BS5 0AX

Help with your asylum accommodation, asylum support or asylum claim · Healthcare access · Form-filling and Signposting. No appointment needed. We will see people in order they arrive and you may be asked to come back for a longer appointment on another day.

Social Space Thursdays 10.00-13.00

at The Wellspring Settlement Main Hall, 43 Ducie Road, Bristol, BS5 0AX

Tea, coffee and snacks · Games · An opportunity to meet new people and make friends. No appointment needed

We also offer English classes, creche, family support, Pride Without Borders group, Young People's Immigration Project. Please ask if you need help with phone credit or travel tickets.

Red Cross Refugee Support and International Family Tracing

<https://www.redcross.org.uk/get-help/get-help-as-a-refugee>

phone 0117 941 5040, text or WhatsApp 07739 863 036 / email refugeeservicebristol@redcross.org.uk

We provide advocacy and advice for people newly granted leave to remain who need help with benefits and homelessness applications for housing, Family Reunion advice, Travel Documents applications, Destitution support and Finding family members. We will try to be available **Mon, Wed and Fri 11am – 3pm**. If there's no answer, leave a message or write to us, and a caseworker will contact you back.

Please tell us your name or the person you are calling on behalf, telephone number and the reason for the call.



Refugee Women of Bristol Phone: 0117 9415867
[/info@refugeewomenofbristol.org.uk](mailto:info@refugeewomenofbristol.org.uk)

Refugee women of Bristol drop-in centre is open every Tuesday term time only from 10am-2.30pm at Easton Family Centre (Bristol BS5 0SQ).

We are providing emotional and practical support for women including those experiencing domestic violence; interpreting of up-to-date information from the government and NHS; supporting our members to access medical attention. Running weekly ESOL classes, Art and Craft, Online/face to face Zumba sessions, coffee morning and community Befriend and Support programme. We are also working with our network of more settled women to support those who are more isolated. We will try to be available every day of the week. If there is no answer, please leave a message or write to us and a community worker will call you back.



Borderlands <https://borderlands.uk.com>

Phone: 01179040479
hello@borderlands.org.uk

Food bags and take-away meals (halal food) can be collected on Tuesdays between 12:30-1:30pm from The Assisi Centre, Lawfords Gate, BS5 0RE.

English classes for beginners in English Language and Literacy (Pre-Entry and Entry 1). For more info or to refer someone to English classes, please contact Sara, sara@borderlands.org.uk 07563 029 027.

The Mentoring Project provides 1:1 emotional and practical support to asylum seekers and refugees for a period of 6-9 months. For more info or to refer someone, please email Jess at jess@borderlands.org.uk 07732 901175 and/or Olivia olivia@borderlands.org.uk 07732 901174.

Sleep and Relaxation session: this space is facilitated by the Recovery Navigators from the HOPE team, and it aims at supporting asylum seekers and refugees to relax and to learn how to improve their sleep. We run separate sessions for men and women, every other week, in the main hall at Borderlands. For more info or book a space, email: marta@borderlands.org.uk 07925 133225.



Bristol Hospitality Network <https://www.bhn.org.uk/>

hello@bhn.org.uk

Housing for destitute refused asylum seekers in our network of volunteer host households and men's house.

Referrals accepted ONLY through Bristol Refugee Rights.

BHN services are all for BHN Hosted members ONLY.

- Welcome centre on Mondays for BHN members including opportunities available for asylum seekers and refugees to volunteer, please contact us.
- Solidarity Fund for BHN members
- ESOL, Sewing, Barber etc for BHN members



 AidBoxCommunity

Aid Box Community <https://www.aidboxcommunity.co.uk/>

174b Cheltenham Road, Bristol BS6 5RE Phone 017 336 8441

Aid Box Connections can link you with an ABC volunteer, who will keep in regular contact and become a friend you can talk to.

Aid Box Free Shop - You can order essential living items like clothes, toiletries, bags and shoes from our Free Shop, we will deliver, or you can collect. <https://tinyurl.com/yy3vtvh8>

Or email clare@aidboxcommunity.co.uk to book an appointment to visit the shop.

Aid Box Womans Group - We meet on Monday's for companionship, fun, dancing, yoga and food when we can. Contact heather@aidboxcommunity.co.uk

Aid Box Mens Group Monday football Club . Contact heather@aidboxcommunity.co.uk



Project MAMA <https://projectmama.org/>

Mother Companions Project: Project MAMA is accepting referrals for pregnant women for one-to-one support throughout pregnancy, labour, childbirth and early parenting. We provide specialist one-to-one support especially to those who do not have birth partners. Referrals can be made via. our website or calling the office on 0117 941 5320.

MAMAHub: A space for refugee, asylum-seeking and displaced mamas who are pregnant and with babies under 2 years old. It is is space peer support & solidarity, where they can enjoy a hot, healthy meal, infant bonding, yoga & relaxation sessions.

MAMAHub runs every Friday during term time from 11am - 2pm from Felix Road Adventure Playground, Felix Rd, Easton, Bristol BS5 0JW.

We reimburse bus fares.